



Northampton TOWN COUNCIL

GRANTS SUB-COMMITTEE – 29TH SEPTEMBER 2022

To Members of the Grants Sub Committee:

Cllrs Birch (Chair), T Eales, Hibbert, Holland-Delamere
Named substitute: Cllr Lane

You are hereby summoned to attend an extraordinary meeting of the Grants Sub-Committee to be held in the Town Council Committee Room, Northampton Guildhall, on Thursday 29th September at noon when the business set out below will be transacted.

This Sub-Committee meeting is open to the public and press to attend and those attending the meeting shall be informed that they may be recorded. Public participation is in accordance with the Town Council's public participation policy.

Cc'd electronically to all other councillors for information

A handwritten signature in black ink, appearing to read 'Stuart Carter'.

Stuart Carter
Town Clerk
9nd August 2022

Guildhall
Northampton
NN1 1DE

A G E N D A

1. APOLOGIES

2. TO AUTHORISE THE CHAIR TO SIGN THE MINUTES OF THE LAST EXTRAORDINARY MEETING HELD ON 8TH AUGUST 2022

Pages (5-11)

3. DECLARATIONS OF INTEREST

4. GRANT APPLICATIONS TO THE COUNCILLOR'S COMMUNITY FUND

Pages (12-19)

- a) **Northampton BBOB RFC** – CCF86 – Season Ready - £1,500 – Councillor Marriott – Semilong
- b) **Shine Development CIC** – CCF87 – Food Bank - £500 – Councillor Holland-Delamere – Rectory Farm
- c) **Northampton Moldovan Association** - CCF88 – Moldovan Association Health and Wellbeing Event - £1,124 – Councillor Ashraf – St James



Northampton TOWN COUNCIL

- d) **United African Association** – CCF89 - African Community Support - £1,000 – Councillor Ashraf – St James
- e) **The County Toy Library** – CCF90 - Support for the Most In Need: Children and Young People with Additional Needs and Low Income Families - £1,440 – Councillor T Eales – Kings Heath
- f) **Martial Arts Academy** – CCF91 - Activities Programme - £600 – Councillor Meredith and Fuchshuber – Talavera
- g) **Southfields Allotments** – CCF92 - Sundries and Parking Area - £1000 - Councillor Meredith and Fuchshuber – Talavera
- h) **T.H.E Hospitality Ltd** – CCF93 – Food for Ukrainian Independence Day - £500 – Councillor Birch and Marriott – Trinity and Semilong
- i) **Primrose Garden Group** – CCF94 – Primrose Garden - £369 – Councillor Birch – Trinity

5. APPLICATIONS TO THE GENERAL GRANTS FUND

Pages (19-24)

- a) [Northampton Town Centre LTD \(BID\)](#) – CGF34 – Easter Animal Paradise Brick Trail –£7,500 -
- b) Action for Asperger's – CGF35 – Asperger's and Autism Counselling - £4,000
- c) [Kids Active Theatre Company](#) - CGF37- Room 46: The Musical - £2684
- d) [NLive Radio](#) - CGF38 – NLive Radio Christmas - £3,000
- e) [Practical Matters](#) – CGF39 – Cooking Classes - £4,900
- f) [TSRP Limited](#) – CGF40 – Town Takeover – £2,500
- g) [Mount Moriah](#) CIC – CGF41 - £5,000

Stuart Carter
Town Clerk



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Northampton TOWN COUNCIL

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Northampton TOWN COUNCIL

EXTRAORDINARY GRANTS SUB-COMMITTEE – 8TH AUGUST 2022

MINUTES OF THE EXTRAORDINARY GRANTS SUB-COMMITTEE MEETING HELD AT NOON ON 8TH AUGUST 2022 IN THE COMMITTEE ROOM OF NORTHAMPTON TOWN COUNCIL OFFICES, THE GUILDHALL

16. APOLOGIES

Apologies were submitted by Councillors Lane and T Eales.

17. DECLARATIONS OF INTEREST

No declarations of interests were made.

18. GRANTS BUDGET UPDATE

The Town Clerk explained that the Community Grant Fund had issued £45,000 worth of grants this financial year (2022-23), this included the earmarked amount of £10,000 for Wall Games therefore a total of £92,000 remains unspent within the Community Grant Fund budget. The Town Clerk added that the Northampton Music Festival, the Lowdown, the Youth Summit and NAYC have been some of the beneficiaries of the Community Grant Scheme so far. A Councillor highlighted that the majority of the beneficiaries of the Community Grant Scheme have been Youth projects.

A Councillor raised that the amount of application submitted by the same organisation should be monitored as it is hoped organisations could utilise their own income or other streams of funding therefore, the Grants Policy could be review to implement an upper limit and potentially limit the amount of applications in one-year. It was suggested in a discussion between Councillors whether an upper limit of £10,000 be introduced with the addition of one application a year through the Community Grants Scheme however, if a higher amount were to be requested then it could be topped-up by supporting Councillors' via the Councillor Community Fund. Furthermore, it was posed as an alternative that a representative of the organisation presents a business case to Committee if their application requests higher than £10,000 and/or an additional application within a financial year. The Town Clerk added that funding could be committed via the Community Grants Scheme during budget setting for one or more financial year and those funds would remain earmarked.

It was suggested by a Councillor whether we could work to highlight other forms of funding available within Northampton that could be utilised by Community Groups. Furthermore, it was posed by a Councillor whether a meeting could be arranged between Northampton Town Council and other organisation that provide funding to promote discussion and cohesive working. It was added by another Councillor, that a meeting of that nature may already occur between these organisations however, Northampton Town Council are not aware of it.

The Town Clerk explained that the Finance Officer had created a remarkable spreadsheet that monitors each Councillors' spending through the Councillor Community Fund and this had demonstrated that the majority of Councillors have spent funds.



Northampton TOWN COUNCIL

AGREED: That an upper limit of £10,000 be implemented for applications to the Community Grants Scheme and an amendment to the Community Grants Policy that limits applications to one a year unless a business case was presented to the Committee be considered.

19. GRANT APPLICATIONS TO THE COUNCILLOR'S COMMUNITY FUND

- a) **Northampton Casuals Rugby Football Club** – CCF77 – Centenary Legacy - £2,000 – Cllr Soan - Rushmills
- b) **Northampton Bangladeshi Association** – CCF78 - Annual Summer Fair - £500 – Cllr Marriott – Semilong
- c) **The Youth Summit** – CCF79 - Team Building Weekend - £900 – Cllrs Alwahabi, Haque & Ismail – Castle
- d) **Spring Boroughs Voice** – CCF80 - Spring Borough Festival - £1,000 - Cllrs Alwahabi, Haque & Fartun – Castle
- e) **Northampton Town of Sanctuary** – CCF81 - L2L Youth Music Workshop - £1,600 – Cllrs Alwahabi, Haque, Ismail, Purser and Tarasiewicz – Castle
- f) **United African Association** – CCF82 – Trip to Seaside for Families - £1,250 – Cllrs Ismail, Alwahabi, Stevens, Ashraf and Birch - Semilong
- g) **Indian Hindu Welfare Organisation (IHWO)** – CCF83 - Bharatnatyam Classical Dance Class - £350 – Cllr Miah – Headlands
- h) **Spring Boroughs Voice** – CCF84 - Spring Boroughs Women's Project: Safari Park Outing - £1,200 - Cllrs Ismail, Haque, Alwahabi and Ashraf – Castle

20. APPLICATIONS TO THE GENERAL GRANTS FUND

- a) [Shop Zero](#) – CGF32 – Community Larder - £3,225



Northampton TOWN COUNCIL

GRANT APPLICATIONS TO THE COUNCILLOR'S COMMUNITY FUND				
App No	Organisation	Project Name, Amount Requested & Synopsis	Ward	Decision
CCF77	Northampton Casuals Rugby Football Club	<p style="text-align: center;">Centenary Legacy £2000</p> <p>The legacy project is intended to further improve our facilities for the benefit of all who are engaged with us and our club. The project proposes to deliver a new outdoor kitchen, barbeque, cellar and bar area which will replace an existing outdoor barbeque facility. The kitchen and bar area will be connected to all main services and be capable as a standalone facility protected from the elements, and offering a clean and hygienic service to all users.</p> <p>The outside kitchen area will be used to provide hot nutritious food for children and their families after training/matches each Sunday during rugby season. It will also be available for use from community groups or charity functions held within our grounds. The outside bar area will only be used if we have a large function where the bar inside the club house is unable to cope with expected numbers due to space.</p> <p>The aim of the project is not only to provide hot nutritious food to players, but to raise money so that the club remains self-funding to continue with its programme of training coaches via RFU approved training programmes and continues professional development, to</p>	Rushmills	<p>RECOMMENDED and APPROVED FOR PAYMENT</p> <p>It was noted that Northampton Casuals just falls out of the NTC boundary however, a Councillor Soan was happy to support them as many of their members are from NTC wards. Councillors applauded their initiative to provide children with food and providing development to young people of the Town.</p> <p>It was commented by a Councillor that the funding of bar facilities may require an additional.</p>



Northampton TOWN COUNCIL

		provide trained first aid assistance and equipment, to provide training equipment and balls to allow people to train and play rugby.		
CCF78	Northampton Bangladeshi Association	<p style="text-align: center;">Annual Summer Fair £500</p> <p>The project will benefit people from all over Northampton as it will be open to people of all backgrounds and be promoted via radio, FB, Instagram and other forms of Social Media. Last couple of years the Covid Pandemic has hit hard the BME Community and that has effected the community in the sense of social interaction and coming together.</p> <p>NBA will be holding their annual summer fair at the Gateway Centre this year and hoping to have plenty of children activities such as sumo, bouncy castles, stalls and live music. NBA Gateway Centre will need at least £1200 for the whole event but would like to request at is requesting for £900 to fund the activities. The traditional Asian singers will entertain the audience and this will make the community get together to help with their mental health and wellbeing.</p>	Semilong	RECOMMENDED AND APPROVED FOR PAYMENT.
CCF79	The Youth Summit	<p style="text-align: center;">Team Building Weekend £900</p> <p>We are working with eight youth providers who are developing the leadership skills in the groups.</p>	Castle	<p>RECOMMENDED AND APPROVED FOR PAYMENT.</p> <p>It was noted that some attendees fall outside of the</p>



Northampton TOWN COUNCIL

		<p>We want to bring these youths together for a weekend in order to build the team that will plan and deliver the fourth annual youth led youth conference. The youth come from Kings Heath, Talavera, Bellinge, Castle, and Kingsthorpe.</p> <p>There will be 30 youth and four youth leaders on the programme. We have looked at costs of residential trips previously used. Costs have escalated and so we are looking nearer home and will use the Scouts Centre at Overstone.</p>		<p>Castle Ward boundary of the supporting councillors however Councillor commended the project.</p>
CCF80	Spring Boroughs Voice	<p style="text-align: center;">Spring Boroughs Festival £1,000</p> <p>Spring Boroughs is a mainly flat estate with a very diverse population where over 38% of children live in poverty. There is serious social overcrowding on the estate.</p> <p>The festival came about through consultation with local people when we were developing the neighbourhood plan. They said they wanted events that bring the whole estate together and puts Spring Boroughs on the map in a positive way. The festival takes place across the estate and gives the residents the reason why they visit all the different parts of the estates like the pocket park, communal garden, the school, churches etc.</p>	Castle	<p>RECOMMENDED AND APPROVED FOR PAYMENT</p> <p>It was highlighted by Councillors the event provided by Spring Boroughs Voice provided a variety of activities and stalls for the residents and therefore happy to recommend and approve for payment.</p>
CCF81	Northampton Town of Sanctuary	<p style="text-align: center;">L2L Youth Music Workshop £1,600</p>	Castle	<p>RECOMMENDED AND APPROVED FOR PAYMENT</p>



Northampton TOWN COUNCIL

		We run a youth club for refugee and asylum seeking youth. The trauma of their past experiences and of the journey they have made impacts their mental health. We run therapeutic activities to support these young people. We use art, music and physical fitness. This grant application is for music sessions with well-known local musicians who will come in and deliver 4 workshops for us. It is also to cover the cost of coach for a day trip to the seaside. This takes place of our annual residential which because of escalating costs, we will not do this year.		
CCF82	United African Association	<p style="text-align: center;">Trip to Seaside for Families £1,250</p> <p>The aim is to take families and children to the seaside for a day visit. Many families supported by the UAA through the food bank and other activities cannot afford to have and to take their children for a day out, many have not visited the seaside before. The local coach firm has been contacted and they have provided a quote for the transport. The plan is to also order fish and chips for the participants.</p> <p>This is an opportunity to provide much a needed break and the opportunity to be with others and enjoy a different activity in a new environment.</p>	Trinity	RECOMMENDED AND APPROVED FOR PAYMENT
CCF83	Indian Hindu Welfare	<p style="text-align: center;">Bharatnatyam Classical Dance Class £350</p>	Headlands	RECOMMENDED AND APPROVED FOR PAYMENT



Northampton TOWN COUNCIL

	Organisation (IHWO)	Bharatnatyam dance class is for children to learn classical form of Indian dancing. The class was supported with some funding by Cllr Brian Markham about 4 years ago and has been doing well and managing its budget very well. Due to Covid situation and drop in the number of participants the class is facing some financial challenges and this grant will help the group to get their head above water for few months. This will be a crucial support for the volunteers who work hard to support this activity and manage the finances.		It was commented that the Bharatnatyam Classical Dance Classes had great uptake previously and wished project success after its hiatus due to the pandemic.
CCF84	Spring Boroughs Voice	<p>Spring Boroughs Women's Project: Safari Park Outing £1,200</p> <p>This project will benefit women and children in Spring Boroughs who want to organise a family summer outing to West Midlands Safari Park in Bewdley DY12 1LF. The grant will help towards hiring of two coaches for the trip. The ladies have been organising themselves every year but because of the cost of living crisis and the impact of the Covid Pandemic, this year the trip is especially important. It will cheer-up especially the young children. Having a fun day, the kids will develop valuable skills and obtain priceless knowledge. It will encourage a healthy lifestyle while bring family and friends together.</p>	Castle	RECOMMENDED AND APPROVED FOR PAYMENT



Northampton TOWN COUNCIL

APPLICATIONS TO THE GENERAL GRANTS FUND			Decision
App No	Organisation	Project Name, Amount Requested & Synopsis	
CGF32	Shop Zero	<p>Community Larder £3,225</p> <p>Our community 'larder' or 'social supermarket' currently provides 15 items for £5 - providing low cost food for anyone who wishes to visit us. This includes fresh fruit and vegetables and free bread. It is very popular with long queues at opening times. These at present are for two hours at a time, three times a week. We would like to scale up and open Shop Zero for additional days to provide for those squeezed by the cost of living crisis.</p>	<p>DEFERRED FOR FURTHER INFORMATION</p> <p>Councillors appreciated the initiative of preventing food waste and their desire to prolong stock through the purchase of the freezer. A question was raised about the funding of their Fareshare subscription. It was suggested that Councillors visit or invite representatives from Shop Zero to gain further information.</p>



Northampton TOWN COUNCIL

GRANT APPLICATIONS TO THE COUNCILLOR'S COMMUNITY FUND				
App No	Organisation	Project Name, Amount Requested & Synopsis	Ward	Councillor(s)
CCF86	Northampton BBOB RFC	<p>Season Ready £1,500</p> <p>We are looking to purchase some training and match balls for the season. We are happy to have the Town Council's logo and name on these. We are also looking buy some training equipment, i.e. Hit and Spin Shields, Crash Mats and Gym balls. This equipment is to help with training. All our Senior, Mini and Junior players will benefit from the versatile equipment as they will all be able to carry out different training drills which it is designed to allow. With regards to the balls, again our Senior, Mini and Junior players will be able to train and play with good quality balls.</p>	Semilong	Cllr Les Marriott
CCF87	Shine Development Concept CIC	<p>Food Bank £500</p> <p>Shine Development Concept CIC runs school holiday foodbank support in Billing and Rectory Farm ward for families, especially families where children</p>	Rectory Farm	Cllr Keith Holland-Delamere



Northampton TOWN COUNCIL

		<p>depend on free school meals. During school holidays, Shine announces the foodbank on social media. A copy of the flyer is also sent to Rectory Farm Primary School who announce the foodbank to parents as well as put it on their notice board. Interested families book/reserve a food parcel for themselves through text messages to the Organisations dedicated mobile number. Reservations are made with client's first name and family size.</p> <p>We have different sizes of food parcels. We have a Regular size which feeds a family of 4 for one week. We also have Large food parcel size which feeds a family of 5+ for a week. Food parcel size is determined by the family size we receive from families by text.</p> <p>We get fresh vegetables and fruits donated by Rectory Farm Coop store, and we also get unsold frozen chicken donations from KFC and Nandos.</p>		
CCF88	Northampton Moldovan Association	<p>Moldovan Association Health and Wellbeing Event £1124</p> <p>The funding will enable the Moldovan Association to host its very first Health and Wellbeing event in</p>	St James	Cllr Rufia Ashraf



Northampton TOWN COUNCIL

		<p>October. Their members currently live in the NN1, NN2, NN3 and NN5 areas. We wish to purchase all the materials to host this event that will be publicised for all to attend. We want to provide visual display and produce leaflets to hand out. Our volunteers will help at the event which will be taking place in the town centre. As its our very first event we are likely to have a lot of people attend including dignitaries as we want to become more accessible to host other events community events too.</p>		
CCF89	United African Association	<p>African Community Support £800</p> <p>We supply food parcels to over 80 households. We provide culturally appropriate foods for African people, Muslim people and African-Caribbean people.</p> <p>With the growing cost of living more and more people are being referred, coming to us for assistance with food provision. We get referrals from Northamptonshire Children’s Trust, Social Services, Health workers, GPs and other charitable organisations. We support single parent households, individuals, low income families, asylum seekers, refugees, the elderly and those on long term sick as well as those self-isolating.</p>	St James	<p>Cllr Rufia Ashraf (£500)</p> <p>Cllr Walter Tarasiewicz (£300)</p>



Northampton TOWN COUNCIL

		<p>A sizeable decrease in funding means we cannot meet the needs of those in need of our food parcel services. The demand for food parcels has increased drastically over the past few weeks. We therefore requesting funding towards the purchase of food items for the food parcels. We also have a van we use to transport the food as well as for deliveries to families unable to come for their food parcels because of the difficulty of transporting themselves with young ones or those with health conditions or mobility problems, we require assistance for the van insurance cost. We are also seeking assistance with the cost of office rent, our office not only serves as an admin office but a place where people come for 1-2-1 support, provision of outreach services by organisations such as Citizens Advice Bureau, a training space, meeting room and IT suite to assist people to get digital skills and other training of benefit to them. We would continue supporting the African community in Northampton based in NN5 (St James), NN3 (Thorplands, Blackthorn), NN2 (Kingsthorpe, Semilong), NN1 (town centre, Abington and Leicester Street area) with a few based in the NN4 areas of Far Cotton and Briarhill</p>		
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Northampton TOWN COUNCIL

CCF90	The County Toy Library	<p>Support for the most in need: Children/Young people with additional needs and families on low income. £1,440</p> <p>This project will support children with special educational needs. The County Toy Library have identified toys/equipment that are beneficial for children with additional needs. Unfortunately, The County Toy Library doesn't have enough of these toys/equipment to serve these requests. Therefore, in order to better support our children with additional needs and react to the needs of our members The County Toy Library would like to have more specialist play equipment.</p> <p>The County Toy Library is aware that buying specialist play equipment is expensive, therefore in order to highlight the range of equipment The County Toy Library has to hire we would give families and groups a year's free membership and monetary voucher to spend in the shop. This would hopefully show families the worth in hiring this equipment as their child develops and then when the grant ends</p>	Kings Heath	Cllr Terrie Eales
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Northampton TOWN COUNCIL

		<p>the families and group will continue to use this service.</p> <p>The County Toy Library would like to increase the number of children with additional needs who have been supported by the Toy Library. The County Toy Library will ask for case studies to show how the equipment has made a positive impact on a child's life and development.</p> <p>The reason for this grant application, is that The County Toy Library are aware that parents/carers and groups for children with additional needs can rarely afford to buy and store the expensive toys/equipment needed in order to encourage development. The County Toy Library is aware that sometimes a child has to practice a specific skill repeatedly. It is therefore extremely expensive for a parent/carer or group leader to keep buying new toys for each skill required.</p>		
CCF91	Martial Arts Academy	<p style="text-align: center;">Activities Programme £600</p> <p>The project aim is to give families the opportunity to get involved in group activities where the young</p>	Talavera	<p>CLlr Jackie Fuchshuber (£300)</p> <p>CLlr Dennis Meredith (£300)</p>



Northampton TOWN COUNCIL

		<p>people can mix and learn new sports and take part in a variety of different activities.</p> <p>Age group from 5 upwards. Estimate of 40 young people and 20 adults.</p> <p>The area is the eastern district in Northampton. Under privileged families will benefit, especially the young members of the families, while parents and grandparents can mix in conversations and participate in playing chess.</p>		
CCF92	Southfields Allotments	<p style="text-align: center;">Sundries and Parking Area £1,000</p> <p>We aim to transform a large area into an area for unloading and storing wood chippings, unloading and storing manure and also having some extra car parking spaces and using this space periodically for unloading sundries for our community shop</p> <p>We would hope to also get logs stored here for people to use not only on their plots but to get creative and use this large area as a display area to show off their work.</p>	Talavera	<p>Cllr Jackie Fuchshuber (£300)</p> <p>Cllr Dennis Meredith (£700)</p>



Northampton TOWN COUNCIL

		<p>We hope to encourage group activities during the winter and start a group to help less able people manage with the heavy work.</p> <p>By getting a core group of volunteers in place for this important project and showing what can be achieved we hope a network will be formed to encourage people to come forward to ask for help and to give help.</p> <p>We would hope that all allotment holders never feel isolated on their plots.</p>		
CCF93	T.H.E Hospitality Ltd	<p>Food for Ukrainian Independence Day £500</p> <p>Hotdogs were provided for Ukrainian Independence Day event at Delapre Abbey.</p>	Trinity/Semilong	Councillor Birch Councillor Marriott
CCF94	Primrose Garden Group (sub group and support of Trnity Neighborouhood Group)	<p>Primrose Garden £369</p> <p>A group of local residents in Elysium Terrace have been working on making a garden on a previously derelict piece of land opposite their homes. They are working with Weston Power who own the land and have their permission to develop a mural to be placed against the fencing.</p>		



Northampton TOWN COUNCIL

APPLICATIONS TO THE GENERAL GRANTS FUND		
App No	Organisation	Project Name, Amount Requested & Synopsis
CGF34	Northampton Town Centre LTD	<p style="text-align: center;">Easter Animal Paradise Brick Trail £7,500</p> <p>A replication of the Paw Patrol Brick trail delivered in March 2022. 15 large brick installations hosted by businesses and partners. Trail maps issued to encourage the public to seek and find the installations answering simple questions based upon information boards supplied with each animal. The previous trail saw an increase of 7.5% each day throughout the two week duration. 4000 trail map were issued to the public for completion and the opportunity to enter a prize draw. Lots of positive exposure for a free event to benefit the community.</p>
CGF35	Action for Aspergers	<p style="text-align: center;">Asperger's & Autism Counselling £4,000</p> <p>This funding will support us to deliver more counselling sessions to children and adults that need us most; in order to achieve the following outcomes:</p> <ul style="list-style-type: none"> • Decrease in anxiety, depression and suicidal thoughts/ acts from people living with Asperger's/ Autism (which remain heightened due to Covid)



Northampton TOWN COUNCIL

		<ul style="list-style-type: none"> • Decrease in emotional trauma as a result of transgender acceptance, and experience as a transgender individual (we have seen an increase in transgender related sessions during the pandemic) • Decreased anxiety and depression and increased emotional wellbeing amongst all clients aged 3 upwards. (Anxiety and depression are commonly associated with Asperger's/ Autism, which the pandemic has further exasperated) • Increased ability for clients to develop and implement their own coping strategies; reducing dependence on psychotherapy and wider counselling services (people with Asperger's/ Autism can struggle to relax, therefore support is needed to develop effective mindfulness strategies) • Increased attendance at school/ the workplace as a result of increased self-acceptance, self-confidence and more manageable perception of the world (people with Asperger's/ Autism have an 85% unemployment rate) • Increased ability to communicate with loved ones, resulting in stronger and more effective relationships and support networks (Individuals with Asperger's/ Autism struggle to develop and maintain intimate and meaningful relationships)
<p>CGF37</p>	<p>Kids Active Theatre Company</p>	<p style="text-align: center;">Room 46 - The Musical £2,684</p> <p>Room 46 is a new musical that focuses on the lives of an eclectic mix of six Year 10 students as they cope through the Covid pandemic and subsequent lockdowns. Although the dark subject matter may make it sound very serious, the musical is a joyful and optimistic look at how friendship and human connections can help to overcome anxiety, depression and other</p>



Northampton TOWN COUNCIL

		<p>mental health conditions. It boasts an entirely new musical score with a mixture of styles including pop, rap, rock and ballads.</p> <p>Room 46 is a perfect show and we would like to kick start the tour in Northampton. It is a wonder story and one that the whole community will enjoy - we'd very much like to be able to put this show on whilst keeping the ticket sales to a minimum, so it appeals to a diverse audience.</p>
CGF38	NLive Radio	<p style="text-align: center;">NLive Radio Christmas £3,000</p> <p>The project is to help showcase Northampton, and provide a platform to encourage people to shop local and support local this Christmas, with the almost non stop Christmas music we hope that many shops, restaurants, and businesses will play the station. In addition to the Christmas music the station will have adverts and messages to promote local businesses and community organisations, this can include promos, thank you messages or well wishing messages (last year we even had one from the Mayor wishing everyone a merry Christmas).</p> <p>What this funding is for is to develop from last years online only station to a dedicated FM radio station for 2 weeks on the run up to Christmas which will help to bring the community of Northampton together for Christmas.</p> <p>New for this year with the support of this grant we can include more messages from Community Groups across the town to promote them as well as wish people well, and we can also add thank you's from people who wish to leave messages of thanks and wellbeing to others across the town.</p>



Northampton TOWN COUNCIL

CGF39	Practical Matters	<p style="text-align: center;">Cooking Classes £4,900</p> <p>We want to provide cooking classes for those with hidden disabilities in the Northampton area. These will be accessed in person and/or via Zoom.</p> <p>We want participants to be able to create their own healthy meals on a budget and know how to adapt the recipes for vegan, vegetarian or other dietary requirements. All recipes will be set out in a simple, easy-to-understand way with pictures for reference and will have alternates for various ingredients. These recipes will be provided digitally and classes recorded in case sessions are missed and for future use. We are looking to purchase all the required ingredients for the classes and a Zoom subscription to allow more people to join in without the 45 minute time limit.</p>
CGF40	TSRP Limited	<p style="text-align: center;">Town Takeover £2,500</p> <p>The project is a multi-venue festival in four venues around Northampton. along the lines of existing multi-venue festivals such as dot to dot and live at leeds. We will be welcoming 25 bands from all around the UK to Northampton for a massive day of music.</p>
CGF41	Mount Moriah CIC	<p style="text-align: center;">Supporting Menopausal Women of Colour £5,000</p> <p>It will benefit the menopausal women of colour community activities such outings, meeting together, educating them about menopause and to manage the symptoms. It will target many women of colour</p>



Northampton TOWN COUNCIL

		who have gone into depression due to this transition. It will enlighten them, give them home, and educate them.
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